Please use this worksheet to jot down notes and answers to questions throughout the class.

What made you sign up for The De	ebt Diet?
What would paying off debt mean	for your life?
Good Debt	Bad Debt

MONEY RULE #27: GOOD DEBT IS USUALLY CHEAPER.
MONEY RULE #28: EVEN GOOD DEBT ISN'T FREE.

## STEP ONE: ASSESS THE PROBLEM

## Worksheets needed:

#### **Interest Rate Worksheet**

How much debt do you think you have?
You can compare your answer to the reality after you've added things up
on the in Interest Rate Worksheet
STEP TWO: BREAK IT INTO PIECES
Goal:
How:

## STEP TWO: FIND THE MONEY

Measurement of progress: Account balances and credit score

Worksheets needed:

Spending Tracker Spreadsheet and PDF Find the Money Worksheet



### MONEY RULE #20: COUNT DOLLARS LIKE CALORIES

Write down a few small things you'll be a	able to cut:
A few medium things you think you can	cut:
What might you be able to refinance?	
□ Mortgage	
□ Car loan	
$\square$ Credit card interest rates	
Name large things you think you can cu	<b>ե։</b>
STEP FOUR: PA	Y IT DOWN
Pay down your debts in order of	rate.

Who gets paid first?
#1.
#2.
#3. 
The FICO scale: to Aim for or above.
Factors that impact your FICO score:

**MONEY RULE #15: EMERGENCIES HAPPEN** 



## RESOURCES

#### **Credit Card Avalanche Calculator:**

http://www.jeanchatzky.com/tools/credit-card-avalanche-calculator/

#### IRS Withholding Calculator:

www.irs.gov/Individuals/IRS-Withholding-Calculator

#### **HSH.com Mortgage Refinance Calculator:**

http://www.hsh.com/usnrcalc.html

#### **Credit Card Search Websites:**

www.nerdwallet.com www.lowcards.com www.cardhub.com

#### **Non-Profit Credit Counselor:**

www.debtadvice.org

### Free Credit Score/Report

www.annualcreditreport.com www.creditkarma.com

## Dispute Credit Report Errors

Experian: www.experian.com/disputes

www.jeanchatzky.com/moneyschool



Equifax: https://www.ai.equifax.com/CreditInvestigation/

Transunion: http://www.transunion.com/personal-credit/credit-

disputes/credit-disputes.page

Notes	
